

MIDDLE SCHOOL SWIM & DIVE

- Coed Swim scores will be combined between 6th and 7/8th grade.
- Swimmers are allowed to swim in two (2) exhibition events in the championship meet.
- Diving takes place prior to the start of the meet or on an alternate date if necessary.
- Swimming and Diving programs are considered cooperative programs.
- Location of practices will be City MS/HS, Ottawa Hills, and/or Union
 - North Team: City, Riverside, Westwood
 - Theme Team: CA Frost, North Park, Museum, Zoo, Blandford, Shawmut Hills, Aberdeen, Harrison
 - South: Alger, U Prep, Burton, Sherwood
- Order of events

<ul style="list-style-type: none"> • Diving • 6th grade medley relay girls • 6th grade medley relay boys • open medley relay girls • open medley relay boys • 6th grade 100 free girls • 6th grade 100 free boys • open 200 free girls • open 200 free boys • 6th grade 100 IM girls • 6th grade 100 IM boys • 7-8 grade 100 IM girls • 7-8 grade 100 IM boys • 6th grade 25 free girls • 6th grade 25 free boys • 7-8 grade 50 free girls • 7-8 grade 50 free boys • 6th grade 50 fly girls 	<ul style="list-style-type: none"> s. 6th grade 50 fly boys t. 7-8th grade 50 fly girls u. 7-8th grade 50 fly boys v. open mixed fly exhibition w. open mixed free exhibition x. 6th grade 50 free girls y. 6th grade 50 free boys z. 7-8th grade 100 free girls aa.7-8th grade 100 free boys bb.6th grade 50 back girls cc.6th grade 50 back boys dd.7-8th grade 50 back girls ee.7-8th grade 50 back boys ff.6th grade 50 breast girls gg.6th grade 50 breast boys hh.7-8th grade 50 breast girls ii.7-8th grade 50 breast boys jj.6th grade 200 free relay girls 	<ul style="list-style-type: none"> kk.6th 200 free relay boys ll.open 200 free relay b & g
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ATHLETIC DEPARTMENT RULES

- All athletes, coaches and parents should demonstrate EXCELLENT sportsmanship at all times
- No sideline coaching from parents or spectators will be tolerated
- Parents will need to arrange transportation home for their child from HOME games. On AWAY games, busing will be provided to bring the athletes back to their home school. Athletes will be able to ride home with their parents from AWAY games ONLY if they have signed their son/daughter out with the coach and/or athletic director.